

Lovettsville Pool- Swimming Lessons

***REGISTRATION BEGINS 12:01A JUNE 3RD ON WEBTRAC OR IN PERSON AT 7:00A**
AMERICAN RED CROSS PARENT & CHILD AQUATICS
PRESCHOOL AGE LESSONS

Classes developed for ages 6 mos - 5 years build swimming readiness by emphasizing fun in the water with guided practice sessions. Preschool lessons follow a progression such as water entry, bubble blowing, front kicking, back floating, underwater exploration, and more. Refer to chart for placement.

Class Name	Age	Entry Requirements	Class Objective
Parent/Child Level 2	24-48 mos	Parent in water	Water adjustment and safety skills.
Preschool Level 1	3-5 yrs	Leave parent willingly; Can follow directions	Water adjustment, skill readiness, safety
Preschool Level 2	3-5 yrs	Face underwater 5 sec. Blow bubbles Front kicking with support	Development of basic swim skills with child learning to become less dependent on the instructor.
Preschool Level 3	3-5 yrs	Submerge totally-5 times Front float/glide unassisted	Refinement of basic skills with emphasis on no instructor assistance.

PARENTCHILD LEVEL 2

Parent and child class for children who are not ready to separate from parents. Parents must get in water with child.

Tu, Th \$51.00

428100-01 7/6-7/29 7:00P- 7:30P **428100-02** 7/6-7/29 7:30P- 8:00P

PRESCHOOL LEVEL 1

Parents do not enter the water with the swimmer. SWIM DIAPER REQUIRED IF NOT POTTY TRAINED.

M, Tu, W, Th \$50.00

428101-01 6/7-6/17 2:30P- 3:00P **428101-02** 6/7-6/17 2:30P- 3:00P

PRESCHOOL LEVEL 2

M, Tu, W, Th \$50.00

428102-01 6/7-6/17 1:00P- 1:30P **428102-02** 6/7-6/17 1:45P- 2:15P
428102-03 6/7-6/17 1:45P- 2:15P **428102-04** 6/21-7/1 8:00A- 8:30A
428102-05 6/21-7/1 8:45A- 9:15A **428102-06** 6/21-7/1 9:30A-10:00A

M, Tu, W, Th \$51.00

428102-07 7/5-7/15 9:30A-10:00A **428102-08** 7/5-7/15 10:15A-10:45A
428102-09 7/19-7/29 9:30A-10:00A **428102-10** 7/19-7/29 10:15A-10:45A

PRESCHOOL LEVEL 3

M, Tu, W, Th \$50.00

428103-01 6/7-6/17 1:00P- 1:30P

M, Tu, W, Th \$51.00

428103-02 7/5-7/15 8:00A- 8:30A **428103-03** 7/5-7/15 8:45A- 9:15A
428103-04 7/19-7/29 8:00A- 8:30A **428103-05** 7/19-7/29 8:45A- 9:15A

AMERICAN RED CROSS ELEMENTARY AGE LESSONS

Class Name	Age	Entry Requirement	Class Objective
Level 1	6-12 yrs	Function in group setting; Leave parent willingly	Water safety and basic swim skills with assistance.
Level 2	6-12 yrs	Be able to complete class objectives of Learn-to-Swim Level 1	Development of basic swim skills with child learning to become less dependent on the instructor.
Level 3	6-12 yrs	Be able to complete class objectives of Learn-to-Swim Level 2	Refinement of basic skills with emphasis on no instructor assistance.
Level 4	6-12 yrs	Be able to complete class objectives of Learn-to-Swim Level 3	Perform feet-first entry Front & elem back crawl-25 yds Breastroke, back crawl-15 yds
Level 5	6-12 yrs	Be able to complete class objectives of Learn-to-Swim Level 4	Perform shallow angle dive Front & elem Back crawl-50 yds Breastroke, back crawl-25 yds

LEVEL 1

M, Tu, W, Th

\$50.00

428201-01 6/21-7/1 9:30A-10:00A

428201-02

6/21-7/1

10:15A-10:45A

M, Tu, W, Th

\$51.00

428201-03 7/5-7/15 10:15A-10:45

LEVEL 2

M, Tu, W, Th

\$50.00

428202-01 6/21-7/1 8:45A- 9:15A

M, Tu, W, Th

\$51.00

428202-02 7/5-7/15 8:45A- 9:15A

428202-03

7/5-7/15

9:30A-10:00A

428202-04 7/19-7/29 10:15A-10:45A

LEVEL 3

M, Tu, W, Th

\$50.00

428203-01 6/21-7/1 8:00A- 8:30A

M, Tu, W, Th

\$51.00

428203-02 7/5-7/15 8:00A- 8:30A

428203-03 7/19-7/29 8:45A- 9:15A

428203-04

7/19-7/29

9:30A-10:00A

M, Tu, W, Th, F

\$41.00

428203-05 8/2-8/6 9:30A-10:00A

428203-06

8/2-8/6

10:15A-10:45A

LEVEL 4

428204-01 \$51.00

428204-03

\$41.00

M, Tu, W, Th 7/19-7/29 8:00A- 8:30A

M, Tu, W, Th, F

8/2-8/6

8:45A- 9:15P

LEVEL 5

428205-01 \$41.00

M, Tu, W, Th, F

8/2-8/6

8:00A- 8:30A